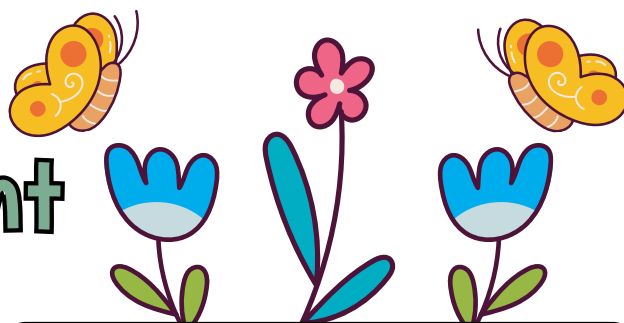


May Newsletter

Burkevale Protestant School



Children's Mental Health Week

Every year, Children's Mental Health Week (CMHW) takes place during the first full week of May. From May 4 to 8, 2026, Burkevale will celebrate Mental Health Week by bringing the theme **"Come Together, Canada"** to life in our classrooms. We will create moments of connection to strengthen the mental health and wellbeing of our school community!

Supporting Mental Health In Our Community

THE NEED IS URGENT.

- GBGH sees approximately 1,700 patients in mental health crisis annually.
- Our region has one of the longest wait times in Ontario for a mental health bed.
- Mental health admissions at GBGH grew 22% in one year (2021), more than four times the provincial average.
- Patients sometimes wait more than 100 hours in the GBGH emergency department (in a safe room) before a mental health bed becomes available, delaying vital psychiatric care.
- Our community's mental health needs are 2-3 times higher than the provincial average.

[GBGH Mental Health Needs Our Help](#)
(click here to learn more)

Reminders

BURKEVALE SCHOOL
Fundraiser!

Eat at Harvey's & Support Our School!

DATE:
WEDNESDAY, MAY 6

TIME:
ALL DAY

LOCATION:
HARVEY'S MIDLAND

HOW IT WORKS:

- ✓ Dine in or take out
- ✓ Mention **BURKEVALE SCHOOL FUNDRAISER** when ordering
- ✓ Bring your family & friends!

A portion of all sales during the event will be donated back to **BURKEVALE SCHOOL!**



YOUR SUPPORT HELPS FUND STUDENT ACTIVITIES, RESOURCES, AND EVENTS!



Thank you for supporting our school! 

Upcoming Event

Kindergarten @ Burkevale:

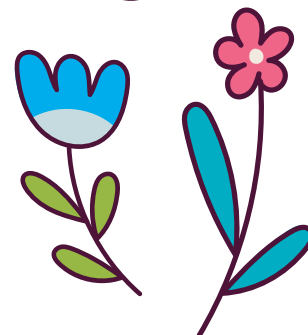
Our Kindergarten @ Burkevale evening is taking place on May 14th from 5:30-7:00. Various community partners will be present to welcome our new Kindergarten students.

Among them will be Denise Brophy and Greg Garrett, members of the local and provincial Metis Council. Denise will also be available for families with questions regarding Metis citizenship.

We are also thrilled to have the Penetanguishene Library, KINARK, the YMCA Before and After School Program, New Path, The Bus Consortium, Sweet Charity, our Mental Health Team, and the Covenant Church.

May Newsletter

Burkevale Protestant School



Children's Mental Health Connections

Strong social connections are one of the most powerful influences on our mood! Be sure to make intentional efforts to connect with friends, family or community! Click below to explore the local resources!

Youth Wellness Hub
(705) 427-5639

Kinark Child and Family Services
1-888-454-6275

New Path
705-725-7656

ldoor.ca
(click here to book an
appointment)

North Simcoe Family Health Team
705-526-7804

Chigamik
Community Health Centre
705-527-4154

Community Connections

Pine River Institute
Webinar on Youtube:

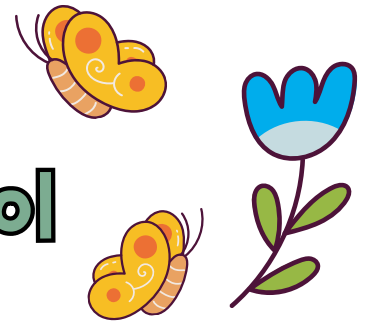
Why Do Our Children
Behave the Way They Do?

Behaviour as language
with Dr. Sarah Hallett.
(click here)

Feelings Pathway: Guide
to mental health
resources in Simcoe
County and Muskoka

May Newsletter

Burkevale Protestant School



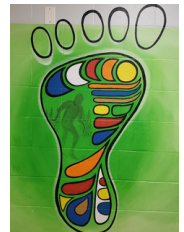
Grandfather Teaching: Honesty

For the month of May, our school community will focus on the grandfather teaching of Honesty "Gwayakwaadiziwin", this trait is symbolized by Sabé, also known as Bigfoot or Sasquatch.

How do we demonstrate Honesty?

The "honesty teaching" tells us that it is important not to lie, gossip, cheat or steal. When we live honestly, we can have more peaceful and happy lives. When we are honest with ourselves and what we truly want to care about, we create a simple life for ourselves, which then makes us happier.

The Honesty teaching is symbolized by Sabé. Sabé teaches us not to deceive ourselves or others, and to speak honestly from the heart.



Kindergarten Registration

The Burkevale families who are planning on having a child begin Year 1 Kindergarten at Burkevale in September are asked to inform Mrs. McIvor in our office immediately. Class lists will soon be made for the fall.



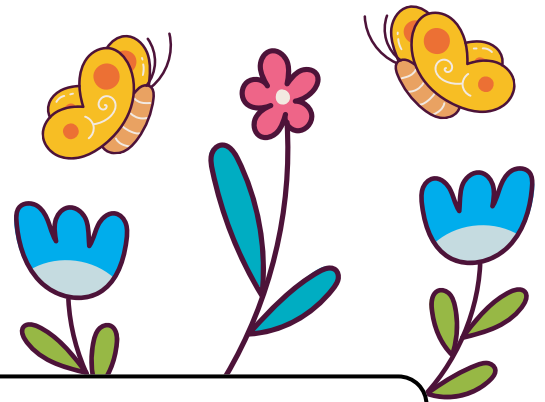
Upcoming Events

Grade 8 Graduation: The students are excited about their transition to high school. As part of the culmination of elementary school, a graduation ceremony will be taking place at the school on Wednesday, June 24th, 2026. The ceremony will commence at 7:00, with the doors opening at 6:30. Grads are invited to come 30 minutes prior to the commencement of the ceremony for photos. Details will be coming home in the next few weeks.



May Newsletter

Burkevale Protestant School



A Message from the SMD Health Unit

Stay Safe in the Sun

Make sun protection part of your year-round routine. Use these tips to build healthy sun habits for you and your family:

- When the UV Index is 3 or higher, protect your skin.
- Stay out of the sun between 11 a.m. and 3 p.m.
- Use sunscreen with SPF 30 or higher. Reapply often.
- Wear a wide-brimmed hat, sunglasses, and light, long clothing.
- Find shade or create your own when outside.
- Avoid tanning beds.

To learn more sun safety tips visit the [Health Canada Sun Safety webpage](#).

This Month

Classes continue to focus on literacy in meaningful and relevant ways. The grade 3 and 6 classes have been preparing for EQAO and the literacy coaches have been working hard to close the gaps of students who are behind in reading.



Reminders

A few students still have chocolates and money outstanding. Please return them ASAP!

Also, co-curricular trips will be upcoming. Please check SchoolDay regularly



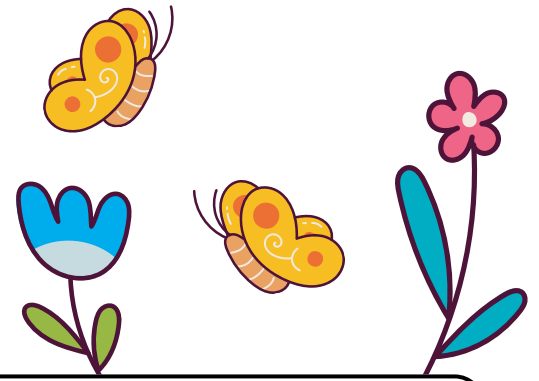
Thank you Volunteers

- School Council Members
- Covenant Church
- Penetang Library
- Metis Council Members
- Consistent Community Partners – Our drummers, Darlene, Peter & Sharon
- Skating and Skiing Helpers
- Graduation Committee
- Tim Hortons
- The Lions Club
- The Legion



May Newsletter

Burkevale Protestant School

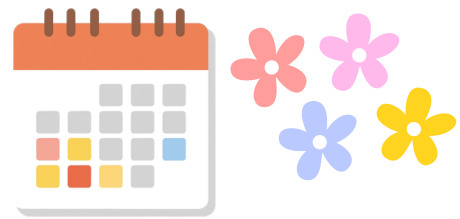


Volunteers Continued

On behalf of our students, staff and board, we wish to extend a heartfelt thank you for your acts of service and kindness throughout the 2025-2026 school year. We are truly grateful and blessed for all that you do to support in making Burkevale the warm, inviting and inclusive school and board that we are all proud to be a part of today.



The Month Ahead



Click the Calendar to see what May brings

Reminders

- May 18th Victoria Day
- June 5th PA DAY
- June 25th Last Day of School -
 - Report Cards go home
- June 26th PA day

Please make sure students are collecting items from the lost and found

Moose Hide Campaign

Moose Hide Campaign Day is coming up on May 14, 2026, this day brings together schools and communities across Canada to work towards ending violence against women, children, and all those along the gender continuum. Moose Hide pins are gifted as a piece of land medicine and a powerful symbol of a personal commitment to be part of the solution to end violence. Click the picture link down below for more information:

