

**THE PROTESTANT SEPARATE SCHOOL BOARD
OF THE TOWN OF PENETANGUISHENE**

POLICY MANUAL

POLICY TITLE:

SECTION/CODE:

Food and Beverage

School Operations D – 46

APPROVAL DATE:

SUPERSEDES:

NUMBER OF PAGES:

May 11, 2020

January 14, 2013

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POLICY STATEMENT

The Protestant Separate School Board of The Town of Penetanguishene, and Burkevale Protestant Separate School, are required to ensure that foods and beverages provided for sale to staff and students meet the requirements set out in this policy.

PURPOSE

To help ensure the health and well-being of all students at Burkevale Protestant Separate School through the modeling of good choices and responsible practices through the sale of food and beverages at school.

DEFINITIONS

1. *For Sale* – All food and beverages sold in all venues (e.g. cafeterias, vending machines, tuck shops) through all programs (e.g. catered lunches) and all school purposes (e.g. bake sales, sports events).
2. *On School Premises* – All food and beverages that are sold on school board property fall under the directives in these procedures.
3. *For School Purposes* – Any activities, events or programs that are organized by the school, school board, staff or volunteers associated with the school are considered to be for school purposes.
4. *Special Event Days* – Up to a maximum of 10 special event days are permitted in each school year. These events are exempt from PPM (Policy Program Memorandum) 150 requirements. Examples might include graduation celebrations, meet-the-teacher night, family barbeque night, or a single special fundraising event.
5. *Provided at No Cost* – Food and beverages provided at no cost are exempt from PPM 150.
6. *Sell Most (80%)* – Products in this category are the healthiest options and generally have higher levels of essential nutrients and lower amounts of fat, sugar, and/or sodium. They must make up at least 80 percent of all food choices and all beverage choices that are available for sale in all venues, through all programs, and at all events.

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7. *Sell Less (20%)* – Products in this category may have slightly higher amounts of fat, sugar, and/or sodium than food and beverages in the Sell Most category. They must make up no more than 20 percent of all food choices and all beverage choices that are available for sale in all venues, through all programs, and at all events.
8. *Not Permitted for Sale* – Products in this category contain few or no essential nutrients and/or contain high amounts of fat, sugar, and/or sodium (e.g. deep fried and other fried foods, confectionery). Food and beverages in this category must **not be sold** in schools.
9. *Staff Room* – In all facilities in the Protestant Separate School Board of The Town of Penetanguishene, it is understood that rooms may be designated as staff rooms where staff and adult visitors are the primary occupants. All items sold in staff rooms are considered exempt from the standards.
10. *Fundraising* – All in-school fundraising activities must comply with PPM 150 (unless deemed a special event day).

GUIDELINES

1. Food and Beverages For Sale

- 1.1 Food and beverages sold on school premises for school purposes must meet the standards found in Bill 8: Healthy Foods for Healthy Schools Act. Within Bill 8, the trans-fat content standards in ingredients and foods and beverages sold in schools must abide by strict limits and also meet the nutrition standards for food and beverages sold in publicly funded elementary and secondary schools in Ontario.

1.2 Exemption for Special-Event Days

The school principal may designate up to 10 days during the school year as special-event days on which food and beverages sold in the schools would be exempt from Bill 8 nutrition standards (PPM 150) and trans fat regulations (PPM 135). The school principal must consult with the School Council prior to designating a day as a special event day.

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1.3 Fundraisers

It is recommended that non-food items be selected for school fundraising purposes.

2. Food Preparation and Environmental Concerns

- 2.1 Burkevale Protestant Separate School is to provide a clean, safe environment for students to eat during nutritional breaks.
- 2.2 In areas where food is prepared, handled or stored, Burkevale Protestant Separate School will comply with the Ontario Food Premise Regulation.
- 2.3 Burkevale Protestant Separate School will adhere to Policy D-19A, Administration of Medication and Addressing Medical Conditions in the School Setting, to reduce the risks for all students who suffer from severe, life threatening allergic reaction (anaphylaxis) to certain foods and beverages. Refer to PSSBP Policy D-19A and D-19B
- 2.4 Wherever possible, food purchases shall be from local sources.
- 2.5 Consideration should be given to the principles of the “3 R’s” – reduce, re-use, recycle, in the practices of procurement, preparation, distribution and packaging of food.

3. Nutrition Education for Students, Parents, Staff

- 3.1 Staff are expected to provide nutrition education to students in accordance with the Ontario Curriculum and use credible, Canadian resources, such as:
 - The Ontario Curriculum Grades 1- 8 Health and Physical 2019
 - Simcoe Muskoka District Health Unit Staff and Teacher Resources www.simcoemuskokahealth.org.
 - Ontario Physical and Health Education Association (OPHEA)

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- Canada's Food Guide and resource information at <https://food-guide.canada.ca/en/?wbdisable=true>.

3.2 Burkevale Protestant Separate School is encouraged to access reliable Canadian healthy eating resources and information to educate parents and the wider community about nutrition. Contact the health unit (705) 721-7520 or 1-800-721-7520 www.simcoemuskokahealth.org for suggestions.

3.3 The Protestant Separate School Board will consult with the Simcoe Muskoka District Health Unit when teacher training needs arise related to healthy eating components of the Ontario curriculum or other organizations such as OPHEA.

4. Implementation and Monitoring

4.1 The Principal/Designate will indicate compliance with this policy, by completing and submitting annually, a summary report of Special Event Days on file.

4.2 It is expected that all food service providers for the Protestant Separate School Board of the Town of Penetanguishene, will provide the Board with documentation indicating compliance with the Ministry Food and Beverage guidelines.

REFERENCES AND RELATED DOCUMENTS

Related Board Policies and Procedures are:

- a) Policy D-4 Fundraising
- b) Policy D-7 School Contests
- c) Policy D-11 Student Field Trips and Excursions
- d) Policy D-12 Extra-Curricular Activities
- e) Policy D-19 Administration of Medication and Medical Emergency Response in School Setting
- f) Policy D-20 Anaphylaxis-Emergency Procedures

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g) Policy D-32 School Council

Related Ministry Documents:

- a) Healthy Foods for Healthy Schools Act, 2008 – Amendment to the Education Act (http://www.elaws.gov.on.ca/html/source/statutes/english/2008/elaws_src_s08002_e.htm)
- b) Ministry of Education Policy/Program Memorandum No. 150 School Food and Beverage Policy (<http://www.edu.gov.on.ca/extra/eng/ppm/ppm150.pdf>)
- c) Ministry of Ontario Regulation 200/08 Trans Fat Standards and Regulations (http://cal2.edu.gov.on.ca/june2008/Reg200_08TransFatStandards.pdf)
- d) Ontario Food Premise Regulation O/Reg 562
- e) Ontario Health Protection and Promotion Act, Good Premises Regulation O/Reg 493/17
- f) The Ontario Curriculum Grades 1- 8 Health and Physical 2019

Relevant sections of the Education Statutes and Regulations of Ontario

- a) S.265 Duties of Principals: Care of Pupils

Other Resources:

- a) Ministry of Education School Food and Beverage Policy Website <http://www.edu.gov.on.ca/extra/eng/ppm/150.html>
- b) Canada's Food Guide, Government of Canada